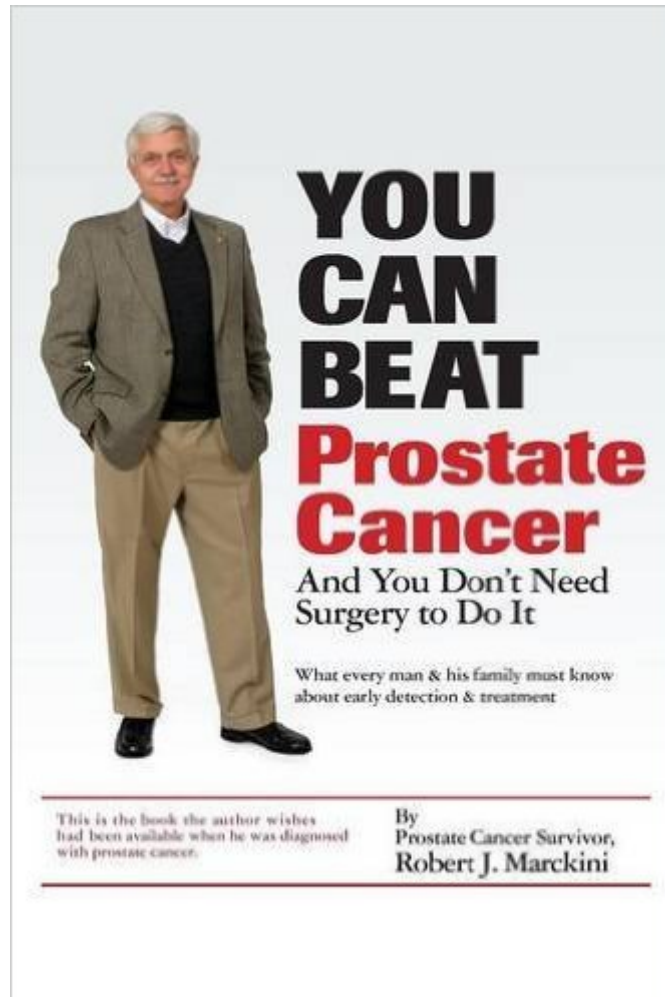


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# You Can Beat Prostate Cancer: And You Don't Need Surgery To Do It



## Synopsis

The task of choosing the right prostate cancer treatment is daunting. It is further complicated by conflicting information the patient receives from physicians and the Internet. This book is written by a prostate cancer survivor who now runs an international prostate cancer support group. It's about his journey and the important things he learned along the way. It is the book the author wishes had been available when he was diagnosed 6 years ago. It is intended to provide specific information for men who are at risk or have been recently diagnosed with prostate cancer. All major treatment options are examined and the pros and cons of each are summarized. A relatively new, non-invasive, highly effective treatment is highlighted. It is an option that cures cancer as well as any other option, but generally leaves the patient with a higher quality of life and fewer, if any, side effects. This book has been endorsed by several physicians as well as other highly respected people from all walks of life.

## Book Information

Paperback: 256 pages

Publisher: Robert J. Marckini; 1 edition (July 16, 2007)

Language: English

ISBN-10: 061514022X

ISBN-13: 978-0615140223

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 15.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (277 customer reviews)

Best Sellers Rank: #78,173 in Books (See Top 100 in Books) #4 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease #5 inÂ Books > Health, Fitness & Dieting > Men's Health > Prostate Health #14707 inÂ Books > Textbooks

## Customer Reviews

My (then 60 year old) husband was diagnosed with prostate cancer in June of 2005 (Gleason score 8- PSA 114) by a urologist recommended to us by our general practioner. We were lucky that this urologist used at least a 12 sample (honestly at this time can't remember if it was more, but not less) biopsy needle, because we knew nothing about the standards for this procedure at that point. This standard is pointed out very well in Mr. Marckini's book. As with all cancer diagnoses, we were devastated. In a couple of months, we were scheduled to take a trip of a life-time to England and on to China. With assurances from the urologist (and some pills to help with the swelling in the prostate

so my husband could pass urine easier and a hormone deprivation implant-chemical castration) we continued with our plans for the trip and tackled the questions concerning further treatment when we got back. Since this is suppose to be a book review and not a history of my husband's prostate cancer, I'll skip all the rest of the details of his treatment and get right to the subject. I did a tremendous amount of research on the web and read several books, including the one given to me by the urologist and written by the American Cancer Society. I have had a lot of experience with research in general and a few medical cases and some terminology, but I am not medically trained. Nevertheless, I plowed through everything I could get my hands on and sometimes grasped the microbiology and sometimes did not. In the meantime, the urologist informed us he didn't feel surgery was an option for my husband. He "surmised" the cancer had already leaked from the prostate into surrounding lymph nodes and surgery would be useless, even though he did not have concrete evidence of such.

As a veteran of 34 years in nuclear power and a mechanical engineer I thoroughly enjoyed Mr. Markini's book. His explanations written in common language were clear, concise, and easily understood. My wife is a Registered Nurse and she enjoyed the book, too. She commented how his explanations of the nuclear side of things was a lot clearer than mine ever were. He makes points that other books and publications miss. For instance, when a surgeon states an incontinence rate he/she does not count wetness due to laughing or sneezing. I was (still am) leery of gamma radiation treatment having been through many annual requals and incident reviews for radiation exposure but when I learned of proton beam radiation and could understand the physics, I was sold!! After devouring Mr. Marckini's book, re-reviewing all the options (hopefully there is not another one lurking out there I have not found), careful consideration, and lots and lots of prayer, I decided Proton Thereapy for treatment of my Prostate Cancer. Therefore, I canceled my Radical Prostatectomy scheduled for October 25, 2007. Prior to learning of Proton Beam Therapy on September 22, 2007 from a High School buddy who works at Loma Linda, I thought I had researched all available options thoroughly and decided that surgery was the best option for me. After that decision I checked into the various methods to perform the surgery and the records of the doctors. That is why I had scheduled surgery at the University of Pennsylvania. Surgeons there have successfully performed thousands of the surgeries using the DaVinci II robotic machine. They are the best in the Philadelphia area.

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